

s t i l l w e l l s p a



## INDULGE IN THE TRANQUIL LUXURY OF STILLWELL SPA

---

On top of one of the most iconic landscapes on Earth, sits the Snowpine Lodge tucked into Little Cottonwood Canyon. The Lodge dates back to the late 1800's and has evolved from a building used for the mining industry, to a general store, and now transformed into a luxury ski lodge. With views that take your breath away and unmatched hospitality, the Snowpine Lodge brings your escape to inspiring heights.

Stillwell Spa is named after the Stillwell Family, who owned the mine and general store. The spa embodies this history with its sacred space made from the original granite stone, a dimly-lit grotto with a hot tub, and other natural materials used throughout. Our six luxurious treatment rooms are designed to create the ultimate rejuvenating experience.

---

## SKIN RENEWAL

---

### SUPERFOOD PRO-RADIANCE

50 MINUTES

A nutritional boost rich in superfoods and essential minerals designed for stressed and dull skin. Clinically proven to leave skin plumper, radiant and in good health.

### DYNAMIC RESURFACING FACIAL

50 MINUTES

This facial not only targets the signs of aging but also relieves the effects of a high altitude environment by incorporating the essential oils lavender and ginger. Layers of enzymes provide powerful exfoliation.

### PRO-COLLAGEN AGE DEFY

50 MINUTES

Treat fine lines and wrinkles with the clinically proven age-defying benefits of marine charged Padina Pavonica and Red Coral. Targeted massage encourages optimum cellular function for nourished, younger looking skin.

### LUXE AND BEAUTIFY SIGNATURE FACIAL

80 MINUTES

Using results-driven techniques, our most luxurious and relaxing facial helps restore the architecture of the face utilizing potent nutrients in plant actives. This treatment helps support the extra-cellular matrix and creates a profoundly sculpted, youthful effect.

---

## MASSAGE

---

### MOUNTAIN BLISS SIGNATURE RELAXATION MASSAGE

50 MINUTES | 80 MINUTES | 110 MINUTES

This Swedish-inspired massage relaxes the body using long gliding strokes with medium-firm pressure.

### HIGH ALTITUDE RECOVERY

50 MINUTES | 80 MINUTES | 110 MINUTES

This therapeutic massage combines firm pressure and stretching techniques to relieve tension, increase circulation, and encourage overall wellbeing. Select an aromatic oil personalized to your concerns to promote relaxation and balance. Perfect for helping the body adjust to elevation and altitude changes.

### MOTHER-TO-BE

80 MINUTES

For expectant mothers this relaxing massage focuses on reducing stressors the body encounters during pregnancy. A special cushion system is used to provide extra comfort during pregnancy.

### BOOTS OFF MASSAGE

30 MINUTES | 50 MINUTES

This targeted foot and ankle massage includes reflexology pressure points, range of motion, stretching, massage, and a foot exfoliation. There is no better way to end a day of mountain adventures.

### COUPLES RETREAT

50 MINUTES | 80 MINUTES | 110 MINUTES

You and your partner will reconnect and experience the benefits of this full-body treatment. This side-by-side massage uses custom techniques and aromatherapy to meet both of your specific needs.

---

## BODY REJUVENATION

---

### FRANGIPANI SALT GLOW

80 MINUTES | 110 MINUTES

This skin softening treatment will reveal your healthy glow as nourishing salts cleanse, exfoliate and melt into your skin and natural oils hydrate and seal in moisture. This treatment includes a full body exfoliation and customized massage for deep hydration.

### DEEP RENEWAL WRAP

80 MINUTES | 110 MINUTES

A regenerating treatment for restored tone, elasticity, and profound hydration. An ideal treatment for entire body restoration that begins with a double exfoliation, then a nourishing body wrap, scalp massage, and concludes with a nourishing foot massage.

### TRANQUILITY MASSAGE

50 MINUTES | 80 MINUTES | 110 MINUTES

Our Tranquility Oil, a healing blend of essentials of cedarwood and sweet orange, intentionally created to promote profound relaxation and harmony, is applied with brushes in sweeping and dancing movements. This full body treatment includes a scalp massage and aids sleep.

### AYURVEDIC SCALP MASSAGE

25 MINUTES

This deeply nourishing scalp massage focuses along the energy meridians of the head utilizes our Tranquility Oil. Jade combs are used to massage the scalp and distribute the oil through the hair for ultimate hydration and relaxation.

---

## BEAUTY & MORE

---

### BEAUTY

Makeup Application

Brow Shaping

### WAXING

(AVAILABLE UPON REQUEST)

### NAILS

Stillwell Spa Signature Manicure & Pedicure

Children's Manicure & Pedicure

Shellac Polish

Paraffin Wax

Shellac Removal

*Ask about our wedding packages and à la carte services for weddings.*



---

## JUST BREATHE: OXYGEN BAR

---

### ENHANCE ANY SERVICE WITH INHALATION THERAPY

20 MINUTES

Snowpine Lodge is located 8,500 feet above sea level – combat altitude adjustment with inhalation therapy and maintain proper oxygen levels to increase stamina and endurance. Oxygen inhalation therapy is a powerful and efficient way to detoxify the body and cleanse the blood.

---

## SKIN RENEWAL & MASSAGE ENHANCEMENTS

---

Hydrating Hand or Foot Treatment  
Nourishing Scalp Treatment (warm oil)  
Acrely CBD Infusion (targeted area)  
Warm Stones (one area)  
BABOR Ampoule/Immediate Anti-Wrinkle Effect

KNESKO Collagen Eye Mask  
KNESKO Collagen Lip Mask  
KNESKO Collagen Face Mask  
KNESKO Collagen Neck &  
Décolleté Mask

---

## SKIN RENEWAL ENHANCEMENT

---

Gua-Sha Facial Massage (+15 minutes of additional time)



---

## ENHANCE YOUR WELLNESS JOURNEY

---

### DAY PASSES

Monday – Thursday

*(Spa guests receive complimentary access to the sauna, steam room, and grotto with their service).*

### YOGA SESSIONS

Monday – Sunday

*(Yoga classes are complimentary for registered hotel guests).*

---

## SPA ETIQUETTE

---

Please arrive 15-20 minutes before your appointment. In order to ensure that you obtain your desired appointments, we recommend scheduling your appointment as far in advance as possible to ensure availability.

To accommodate your desired appointment a credit card is required at the time of booking to guarantee your reservation. Gift cards may also be used in lieu of a credit card to hold your appointment. We hold this information as part of our cancellation policies and only make necessary charges to your account on the date of your scheduled service. Details of our cancellation policy are provided below. For your convenience, an automatic gratuity of 20% has also been added to your service(s). Gratuities are optional, can be adjusted, and are left at your discretion. Gratuities are retained in full by the provider(s) performing the service(s).

\*Please notify the spa coordinator of any allergies or sensitivities to aromas or ingredients when you schedule your appointment.

---

## CANCELLATIONS

---

Your spa treatments are reserved especially for you. We value your business and ask that you respect the spa's scheduling policies. Should you need to cancel or reschedule, please notify us at least 24 hours in advance.

Any cancellations with less than 24 hours of notice are subject to a cancellation fee amounting to the cost of the scheduled service. Clients who miss their appointments without giving any prior notification will be charged in full for the scheduled service. We recognize the time of our clients and staff is valuable and have implemented this policy for this reason. When you miss an appointment with us, we not only lose your business, but also the potential business of other clients who could have scheduled an appointment for the same time. Additionally, many times our staff will be functioning in an "on call" status and can have traveled to the spa specifically for your service. For these reasons we are obligated to compensate our staff for their time as well as make up for the lost revenue.

When you schedule your appointment with us, you are agreeing to these policies. All services require a credit card or gift card to guarantee a reservation so please have your credit card and/or gift card ready when booking. You will not be billed unless there is a cancellation or no show. Upon check out guest may choose method of payment.

s t i l l w e l l s p a

10420 LITTLE COTTONWOOD ROAD | ALTA, UT 84092  
801-742-6019 | STILLWELLSPA@SNOWPINE.COM