

s t i l l w e l l s p a



INDULGE IN THE TRANQUIL LUXURY OF STILLWELL SPA

On top of one of the most iconic landscapes on Earth, sits the Snowpine Lodge tucked into Little Cottonwood Canyon. The Lodge dates back to the late 1800's and has evolved from a building used for the mining industry, to a general store, and now transformed into a luxury ski lodge. With views that take your breath away and unmatched hospitality, the Snowpine Lodge brings your escape to inspiring heights.

Stillwell Spa is named after the Stillwell Family, who owned the mine and general store. The spa embodies this history with its sacred space made from the original granite stone, a dimly-lit grotto with a hot tub, and other natural materials used throughout. Our six luxurious treatment rooms are designed to create the ultimate rejuvenating experience.

SKIN RENEWAL

ELEMIS TOUCH FACIAL

50 MINUTES | 80 MINUTES

Our hands-on facial treatments use touch as a powerful diagnostic tool, softening and preparing the skin to receive actives. Guided by an Elemis Elite therapist, this customized experience blends ancient and modern massage techniques to stimulate circulation, support cell renewal, and address specific concerns.

ELEMIS BIOTEC PRO GLOW FACIALS

50 MINUTES | 80 MINUTES

BIOTEC facial treatments are where ground-breaking technology meets active ingredients and transformative touch. The pioneering innovation of BIOTEC works to switch the skin back on, increasing its natural cellular energy. Technology turbo-charges touch. The clinically proven result? Thriving, visibly healthy and energized skin. Technologies include: Ultrasonic Resurfacing, Microcurrent, Oxygen Infusion, LED Light Therapy, and Galvanic.

ALPINE GLOW FACIAL MASSAGE

50 MINUTES

Indulge in luminous renewal with this facial massage featuring botanical oils from Acrely Farms—hand planted, harvested, and crafted in the mountains of Utah. Expert touch, rose quartz gua sha, and cooling orbs sculpt, smooth, and restore. A serene remedy for headaches, TMJ, congestion, and stress.

BODY REJUVENATION

SUMMIT SALT GLOW

80 MINUTES | 110 MINUTES

Experience a head-to-toe renewal with this deeply hydrating treatment. A full-body exfoliation with mineral-rich salts smooths and refines the skin, followed by a customized full-body massage using nourishing oils to restore moisture and leave your skin soft, supple, and radiant.

MOUNTAIN CURE

80 MINUTES | 110 MINUTES

A regenerating journey for restored tone, elasticity, and profound hydration. An ideal treatment for restoration that begins with a full body resurfacing, a hot stone massage, a nourishing body wrap, a scalp massage, and concludes with a nourishing foot treatment.

TRANQUILITY PRO-SLEEP MASSAGE

50 MINUTES | 80 MINUTES | 110 MINUTES

This innovative massage acts on sensorial pathways to provide you with profound relaxation, using a unique blend of essential oils applied with brushes in a blend of eastern and western massage techniques. Recommended to target stress, anxiety, travel fatigue & difficulty sleeping. This treatment concludes with a centering sound bath.

AYURVEDIC SCALP MASSAGE

20 MINUTES

Jade combs are used to massage and distribute oil through the hair for ultimate hydration and relaxation, focusing along the energy meridians of the head. Enjoy as a treatment on its own or add to any massage or facial service.

MASSAGE

MOUNTAIN BLISS SIGNATURE RELAXATION MASSAGE 50 MINUTES | 80 MINUTES | 110 MINUTES

Inspired by the calm of alpine peaks, this Swedish-style massage uses long, gliding strokes and light to medium pressure to soothe and restore. Select your signature scent for a personalized, sensory retreat.

PEAK PERFORMANCE MASSAGE 50 MINUTES | 80 MINUTES | 110 MINUTES

Restore and recover with this therapeutic blend of deep pressure and targeted stretching to ease tension and boost circulation. Ideal after skiing or hiking, it soothes sore muscles and renews vitality. Choose your signature mountain aroma to complete this restorative experience.

HIGH ALTITUDE RECOVERY 50 MINUTES | 80 MINUTES | 110 MINUTES

Experience this grounding mountain ritual featuring Acrely Farms CBD for increased circulation and reduced inflammation. Therabody cupping and expert massage techniques melt away tension and renew tired muscles—ideal for skiers, hikers, and anyone seeking deep relief and recovery. Longer sessions include additional cupping.

THE NESTING RITUAL 80 MINUTES

A nurturing massage for second and third trimester mothers-to-be, designed to ease tension, restore balance, and deeply hydrate the skin with an organic shea butter balm. Includes a restorative foot massage, foot exfoliation, and an UnZented Concreta Belly Balm to take home.

BOOTS OFF MASSAGE 20 MINUTES | 50 MINUTES

This targeted foot and ankle massage includes reflexology, stretching, and a foot exfoliation. There is no better way to end a day of mountain adventures. Enjoy as a treatment on its own or add to any massage or facial service.

COUPLES RETREAT 50 MINUTES | 80 MINUTES | 110 MINUTES

You and your partner will reconnect and experience the benefits of this full-body treatment. This side-by-side massage uses custom techniques and aromatherapy to meet both of your specific needs.

SKIN RENEWAL & MASSAGE ENHANCEMENTS

Hydrating Hand or Foot Treatment

Nourishing Scalp Treatment (warm oil)

Acrely CBD Infusion (targeted area)

Warm Stones (one area)

TheraBody Cupping (one area)

ABATURE Intensive Lip Rescue

KNESKO Collagen Eye Mask

KNESKO Collagen Face Mask

KNESKO Collagen Neck & Décolleté Mask

ELEMIS Deep Cleansing Booster Facial (20 minutes)

RECOVERY

ENHANCE ANY SERVICE WITH INHALATION THERAPY

30 MINUTES

Snowpine Lodge is located 8,500 feet above sea level – combat altitude adjustment with inhalation therapy and maintain proper oxygen levels to increase stamina and endurance. Oxygen inhalation therapy is a powerful and efficient way to detoxify the body and cleanse the blood.

THERABODY RECOVERY AIR BOOTS

30 MINUTES

Experience superior recovery from long days on the mountain, long flights or stressful days. Therabody RecoveryAir boots use pneumatic compression to apply precise pressure from the feet to the heart and back again, maximizing circulation.

THERAFACE LED SKINCARE MASK

30 MINUTES

The TheraFace LED Skincare Mask uses light therapy and vibration to improve your skin. Red light reduces wrinkles and firms the skin, while blue light targets acne. It also massages your face to relieve stress. The mask helps smooth skin, firm sagging areas, reduce dark spots, and boost radiance for a healthier, glowing look.

You may also ask about packages that include all three options at the same time.



ENHANCE YOUR WELLNESS JOURNEY

DAY PASSES | \$75 PER PERSON

MONDAY – THURSDAY

Includes Steam Room, Finnish Sauna, Relaxation Lounge, access to outdoor pool and Jacuzzis, and a private reservation for the Spa Grotto. (Included with all Massage, Facial & Body Rejuvenation services 50 minutes or longer).

YOGA SESSIONS

\$25 per person for a group Yoga Class | \$150 for a Private Yoga Session - Please contact the spa for a class schedule. (Yoga Classes are complimentary for registered hotel guests and \$25 for those not staying at Snowpine Lodge).

SPA ETIQUETTE

Please arrive 15-20 minutes before your appointment. In order to ensure that you obtain your desired appointments, we recommend scheduling your appointment as far in advance as possible to ensure availability.

We are a cash-free facility and accept all major credit cards, Spa Gift Cards and Room Charge as a method of payment. To accommodate your desired appointment a method of payment is required at the time of booking to guarantee your reservation. We hold this information as part of our cancellation policies and only make necessary charges to your account on the date of your scheduled service. For your convenience, an automatic gratuity of 20% has also been added to your service(s). Gratuities are optional, can be adjusted, and are left at your discretion. Gratuities are retained in full by the provider(s) performing the service(s).

*Please notify us of any allergies or sensitivities to aromas or ingredients when you schedule your appointment.

CANCELLATIONS

Your spa treatments are reserved especially for you. We value your business and ask that you respect the spa's scheduling policies. Should you need to cancel or reschedule, please notify us at least 24 hours in advance.

Any cancellations with less than 24 hours of notice are subject to a cancellation fee amounting to the cost of the scheduled service. Clients who miss their appointments without giving any prior notification will be charged in full for the scheduled service. We recognize the time of our clients and staff is valuable and have implemented this policy for this reason. When you miss an appointment with us, we not only lose your business, but also the potential business of other clients who could have scheduled an appointment for the same time. Additionally, many times our staff will be functioning in an "on call" status and can have traveled to the spa specifically for your service. For these reasons we are obligated to compensate our staff for their time. When you schedule your appointment with us, you are agreeing to these policies. You will not be billed unless there is a cancellation or no show.

s t i l l w e l l s p a

10420 LITTLE COTTONWOOD ROAD | ALTA, UT 84092
801-742-6019 | STILLWELLSPA@SNOWPINE.COM