



Snowpine Women's Ski & Spa Camp Itinerary

Designed for intermediate to advanced skiers who want to balance skiing with relaxation, this camp offers a perfect blend of adventure and wellness.

Monday, March 23: Arrive at Snowpine Lodge, Alta Ski Area

- 4:00 p.m. Check-in
- 6:30 p.m. Welcome Dinner

Tuesday, March 24:

- 7:00 a.m. Optional ski specific yoga class
- 8:00 a.m. Breakfast
- 8:30 a.m. Presentation
- 9:30 a.m. Morning Ski
- 12:45 p.m. Lunch at The Gulch Pub
- 2:00 p.m. – 6:00 p.m. optional spa treatment times*
- TBD Group Grotto time
- 6:30 p.m. Dinner at Snowpine Lodge

Wednesday, March 25:

- 7:00 a.m. Optional ski specific yoga class
- 8:00 a.m. Breakfast
- 8:30 a.m. Presentation
- 9:30 a.m. Morning Ski
- 12:45 p.m. Lunch at The Gulch Pub
- 2:00 p.m. – 6:00 p.m. optional spa treatment*
- TBD Group Grotto time
- 6:30 p.m. Dinner at Snowpine Lodge

Thursday, March 26:

- 7:00 a.m. Optional ski specific yoga class
- 8:00 a.m. Breakfast
- 8:30 a.m. Presentation
- 9:30 a.m. All Day Ski
- 12:45 p.m. Lunch on the Mountain
- 6:30 p.m. Dinner



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Friday, March 27: Departure Day

- 10:00 a.m. Checkout

Notes:

*A 50-minute treatment at Stillwell Spa is included in the camp with options to upgrade. Due to limited spa availability, we recommend booking your spa experience immediately upon reserving your room to ensure availability. If spa services are not available at the time of booking, a \$200 spa credit per person will be issued, which can be used in the spa gift shop. While spa services are included, we kindly ask that you cover gratuities.

*Meals not included: On Thursday, March 26, you'll have time to purchase lunch on the mountain with the group.

*Alcohol: Alcoholic beverages are not included and must be paid for separately.