



Snowpine Women's Ski & Spa Camp Itinerary

Designed for intermediate to advanced skiers who want to balance skiing with relaxation, this camp offers a perfect blend of adventure and wellness.

Monday, March 23: Arrive at Snowpine Lodge, Alta Ski Area

- 4:00 p.m. Check-in
- 6:30 p.m. Welcome Dinner

Tuesday, March 24:

- 7:00 a.m. Optional ski specific yoga class
- 8:00 a.m. Breakfast
- 8:30 a.m. Presentation
- 9:30 a.m. Morning Ski
- 12:45 p.m. Lunch at The Gulch Pub
- 2:00 p.m. – 6:00 p.m. optional spa treatment times*
- TBD Group Grotto time
- 6:30 p.m. Dinner at Snowpine Lodge

Wednesday, March 25:

- 7:00 a.m. Optional ski specific yoga class
- 8:00 a.m. Breakfast
- 8:30 a.m. Presentation
- 9:30 a.m. Morning Ski
- 12:45 p.m. Lunch at The Gulch Pub
- 2:00 p.m. – 6:00 p.m. optional spa treatment*
- TBD Group Grotto time
- 6:30 p.m. Dinner at Snowpine Lodge

Thursday, March 26:

- 7:00 a.m. Optional ski specific yoga class
- 8:00 a.m. Breakfast
- 8:30 a.m. Presentation
- 9:30 a.m. All Day Ski
- 12:45 p.m. Lunch on the Mountain
- 6:30 p.m. Dinner



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Friday, March 27: Departure Day

· 10:00 a.m. Checkout

Notes:

*Your camp includes one 50-minute spa service at Stillwell Spa — choose between a Mountain Bliss Massage (light to medium pressure) or an ELEMIS Touch 50 minute Facial. Upgrades and additional spa treatments are available for an added fee. Due to limited availability, we highly recommend reserving your spa appointment at the time you book your room to secure your preferred time. If spa services are unavailable during your stay, a \$200 spa credit per person will be issued for use in the spa gift shop. Please note that gratuity is not included and will be collected at the time of service.

*Meals not included: On Thursday, March 26, you'll have time to purchase lunch on the mountain with the group.

*Alcohol: Alcoholic beverages are not included and must be paid for separately.